

33rd Annual Lake Norman New Years Day Barefoot Challenge

January 1, 2011

A Barefoot Tournament Like No Other!

The Lake Norman New Years Day Barefoot Challenge is one of the longest running and unique barefoot tournaments in the world. Held annually at Lake Norman Marina and hosted by the Carolina Show Ski Team, it combines starts, tricks, and endurance skills in one single ride.

Former World Barefoot Champion Ron Scarpa set the course record in 1996 combining a back deepwater start with multiple surface turns, tumble turns, one foots and a front flip in a relatively short run for a combined score of 693 points. *"In all my years of water skiing,"* says Scarpa, *"I think this is the most unique tournament I've seen."*

'Footers frequently come from Tennessee, Virginia, North and South Carolina. This year we are increasing our publicity, hoping to see more entrants and putting down the challenge to **see if anyone can break Scarpa's 14 year old record!**

Water and air temperatures are typically in the mid to high 40's, though extremes have ranged from sunny 60's to sub-freezing snow. However, skiers change into their suits in a heated waterfront building, then start their run right off the dock.

Water conditions are challenging as well, because the towboat doesn't wait for the water to calm between skiers. The circle pattern keeps the action close to the spectators, but also adds to the difficulty.

The challenges of the tournament don't prevent advanced starts and tricks. Frequently backward dock starts, 180s, tumbleturns and one foots are all executed.



The purpose of this tournament is to:

- Promote barefooting and towed watersports,
- Provide a fun mid-winter event for barefoot enthusiasts,
- Provide an interesting event for the greater Charlotte area to enjoy on New Years Day.
- Promote the Carolina Show Ski Team and Lake Norman Marina.

The best part of the tournament is the camaraderie, novelty, and fun! Come join the adventure, the challenge and the many things to do in the Lake Norman and Charlotte area! Let us know if you are bringing an out-of-state team to take on the local Carolinians. We can create team scoring to see who rules!



33rd Lake Norman New Years Day Barefoot Challenge Tournament Information



Date and Time

- January 1, 2011
- Registration 10:00 am
- Skiers meeting 11:45am
- Opening ceremonies noon
- First skier 12:10
- Expected end 4:00

Location

Lake Norman Marina Dock
6965 NC Hwy 150 East
Sherrills Ford, NC 28673

Registration Information

Justin Landers, 704-572-9174, landersj@earthlink.net

USAWS Sanctioned?: Yes **Maximum Contestants:** 40 **Entry Fee:** \$30 Non-USAWS members pay additional \$10

Divisions: Boom, Male, Female, Open

Who skis in the Open Division? Any contestant may choose to compete in the Open Division, but these contestants MUST ski in Open:

- Placed third or higher in any past Lake Norman Barefoot Challenge tournament
- Has competed in a regional or national barefoot tournament

Tournament Rules

- You may use the tournament supplied rope and/or bring your own
- Choose your start method from the approved list of starts (additional starts may be submitted for approval)
- You must be ready to go once the boat is ready to begin your run, unless the judge deems it was an emergency situation and grants additional time.
- If you do not maintain barefoot position for five seconds, you will be offered a second attempt
- You may change speeds as much as you like (maximum boat speed likely to be about 45MPH)
- The judge may grant a delay in starting your run or grant a re-ride due to unfair conditions (note that the conditions vary some for every contestant)

Scoring

- One point for every second of your run. Unintentional butt drops, butt slides, body drags, etc are allowed.
- You may repeat a trick twice for additional points. Reverses must follow the regular to receive credit for the reverse.
- Start Method score is combined with tricks score and time score
- Team Scoring – let us know if you have a team that wants to take on the Carolinians. We will create a team competition.

Start Methods

Hydroslide start	10	Front Flip Start	70
One ski step-off	20	Backward step-off	100
Hop-dock one ski step-off	30	Dock start to back step-off	110
One or two ski jump-out	30	Backward deepwater	125
Front Deepwater	50	Backward dock start	140
Front Dockstart	60		

Tricks

Bunny Hop	10	Front toe hold	50
1 foot	20	Front toe hold reverse	50
1 foot reverse	20	Front to back	100
180 tumble turn	25	Reverse Front to back	100
180 tumble turn reverse	25	Back to front	75
360 tumble turn	25	Reverse back to front	75
360 tumble turn reverse	25	360	150
1 foot backwards	50	360 reverse	150
1 foot backwards reverse	50	Flip (somersault)	100

Awards

First through third in each division, plus the coveted "Face-Plant" award (most interesting or spectacular mess-up)

Accommodations

Hampton Inn Mooresville- Race City USA
119 Gallery Center Drive
Mooresville, NC 28117
(704) 660-7700

Local residents may be available to house out of town guests. Ask Justin Landers at 704-572-9174 or landersj@earthlink.net.

Web Links

www.lakenormanmarina.com
www.carolinashowski.com

Things to do in the area

www.racecityusa.org
www.charlottesgotalot.com